

A FORM  
OF  
DAILY  
PRAYER

## Morning or Evening Prayer

V: Lord, open thou my lips.

R: And my mouth shall show forth thy praise.

Invitatory psalm

Psalm I

Psalm 119

Scripture readings

Gradual Psalm [Easter to Low Sunday: Easter Sequence].

Psalm II

Morning Prayer: Benedictus

Evening Prayer: Magnificat

Easter week, Solemnities, and Sundays outside Lent and Advent: Te Deum

Intercession

Lord's Prayer

Collect

V: May the Lord bless us, protect us from all evil, and bring us to everlasting life.

R: Amen

For each day of the six-week cycle, the psalms are shown as follows:

**Invitatory psalm**      *Gradual psalm*

Psalm I (sometimes 2)      Psalm II (usually 2)

Psalm 119 (section)

## COMMON PSALMS

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>I</b>	<b>95</b> 133 118 110 I 150	<b>84</b> 121 9 5 II 29	<b>24</b> 122 33 10 III 12	<b>97</b> 123 18 98 IV	<b>81</b> 124 25 57 V 48	<b>51</b> 125 38, 41 26 VI 46	<b>92</b> 126 105 64 VII
<b>II</b>	<b>95</b> 127 71 3 VIII, IX 149	<b>84</b> 128 19 132 X 7	<b>24</b> 129 37 13 XI 75	<b>97</b> 130 77 62 XII 27	<b>81</b> 131 72, 143 53 XIII 54	<b>51</b> 120 69 16 XIV 100	<b>92</b> 134 136 141 XV 8
<b>III</b>	<b>95</b> 133 1, 2 111 XVI 148	<b>84</b> 121 50 86 XVII 96	<b>24</b> 122 94 85 XVIII 67	<b>97</b> 123 89 47 XIX	<b>81</b> 124 109 87 XX 99	<b>51</b> 125 55 28 XXI 135	<b>92</b> 126 106 61 XXII
<b>IV</b>	<b>95</b> 127 66 112 I 63	<b>84</b> 128 73 82 II 90	<b>24</b> 129 49 101 III 144	<b>97</b> 130 80, 14 108 IV 146	<b>81</b> 131 44 58 V 20	<b>51</b> 120 35 140 VI 147	<b>92</b> 134 78 117 VII
<b>V</b>	<b>95</b> 133 23 76 VIII, IX 115	<b>84</b> 121 6, 11 74 X 42	<b>24</b> 122 68 137 XI 138	<b>97</b> 123 103 36 XII 16	<b>81</b> 124 30, 32 17 XIII 21	<b>51</b> 125 88 60 XIV 145	<b>92</b> 126 107 142 XV
<b>VI</b>	<b>95</b> 127 104 114 XVI 93	<b>84</b> 128 31 45 XVII 15	<b>24</b> 129 102 43 XVIII 65	<b>97</b> 130 139 39 XIX 52	<b>81</b> 131 83 40 XX 56	<b>51</b> 120 22 59 XXI	<b>92</b> 134 79, 34 70 XXII 113

Begin a new sequence on the first Sunday of Advent and the first Sunday of Lent.

**Night prayer psalms: 4, 91**

## PROPER PSALMS FOR SOLEMNITIES AND FEASTS OF THE LORD

Christmas		Holy Family		Mary, Mother of God		Epiphany		Baptism of the Lord		Presentation	
<i>Solemnity</i>		<i>Feast</i>		<i>Solemnity</i>		<i>Solemnity</i>		<i>Feast</i>		<i>Feast</i>	
<b>95</b>	<i>125</i>	<b>95</b>	<i>133</i>	<b>95</b>	<i>126</i>	<b>95</b>	<i>127</i>	<b>95</b>	<i>133</i>	<b>95</b>	<i>122</i>
132	110	118	147	118	147	118	110	118	110	118	110
*	85	*	113	*	113	*	112	*	112	*	113

Ash Wednesday		St. Joseph		Annunciation		Holy Thursday		Good Friday		Holy Saturday	
		<i>Solemnity</i>		<i>Solemnity</i>							
<b>51</b>	<i>130</i>	<b>95</b>	<i>128</i>	<b>95</b>	<i>126</i>	<b>81</b>	<i>131</i>	<b>130</b>	<i>120</i>	<b>130</b>	<i>126</i>
38	32	118	15	118	110	80	14	22	88	64, 54	143
IV	73	*	112	*	113	XX	72	XXI	116	XXII	40

Easter		Ascension		Pentecost		Trinity		Corpus Christi		Sacred Heart	
<i>Solemnity</i>		<i>Solemnity</i>		<i>Solemnity</i>		<i>Solemnity</i>		<i>Solemnity</i>		<i>Solemnity</i>	
<b>95</b>	<i>Easter Sequence</i>	<b>95</b>	<i>124</i>	<b>95</b>	<i>133</i>	<b>95</b>	<i>127</i>	<b>95</b>	<i>133</i>	<b>95</b>	<i>125</i>
118		114	8, 47	110	104	113	118	110	118	110	118
I		110	XX	103	VIII, IX	145	XVI	114	I	116	VI
											111

Birth of John the Baptist		SS. Peter and Paul		Transfiguration		Assumption		Triumph of the Cross	
<i>Solemnity</i>		<i>Solemnity</i>		<i>Feast</i>		<i>Solemnity</i>		<i>Feast</i>	
<b>92</b>	<i>128</i>	<b>95</b>	<i>128</i>	<b>95</b>	<i>121</i>	<b>95</b>	<i>126</i>	<b>95</b>	<i>123</i>
118	15	118	116	118	110	118	122	118	110
*	112	*	147	*	113	*	113	*	116

All Saints		All Souls		Dedication of St. John Lateran		Christ the King		Immaculate Conception	
<i>Solemnity</i>				<i>Feast</i>		<i>Solemnity</i>		<i>Solemnity</i>	
<b>95</b>	<i>127</i>	<b>130</b>	<i>123</i>	<b>95</b>	<i>122</i>	<b>95</b>	<i>125</i>	<b>95</b>	<i>126</i>
118	110	146	40	118	46	118	110	118	147
*	116	*	42	*	147	*	145	*	113

\* = The section corresponding to that day in the regular cycle

**Solemnities and Feasts:** Use *Te Deum* even if the day falls during Lent or Advent.

**Other days:** Do not use *Te Deum* even if the day falls on a Sunday.